

## GENERAL INFORMATION ABOUT GCP ACTIVITIES

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**Annual Lecture** Each Spring, we invite outside speakers to give a lecture. Usually about 70 local professionals attend.

**Business and Clinical Meeting** Five times a year, on a Saturday afternoon, we meet for a clinical presentation & discussion by GCP members. We then continue the meeting with whatever business issues need to be raised and decided on.

**Informal Groups** From time to time, small numbers of members make informal arrangements for peer supervision, for discussing articles of clinical interest etc.

**Reduced Fee Service** The GCP, dependent on available funds, is able to offer reduced fee therapy, up to 20 sessions, for people who cannot afford full fees.

**GCP Website** This gives information about the GCP, and also access to members' contact details, for prospective therapy. There is also a members' section.

# GCP THE GUILDFORD CENTRE FOR PSYCHOTHERAPY

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## COMMITMENT BY MEMBERS

As we are a small group, we ask everyone to help out with the various tasks that arise: Occasionally present a clinical discussion paper for the bi-monthly meetings • Help with teas for the Business Meetings and for the Annual Lecture. • Help in the various arrangements for the Lecture • Chairing meetings or taking minutes. From time to time, roles arise such as organising speakers for the Lecture, keeping account of the finances, membership renewals. Everyone is asked to take a turn at such tasks.

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## OBJECTIVES

The GCP promotes and provides a service of registered psychoanalytic psychotherapists for those seeking psychotherapy in the Southern counties.

The GCP promotes and provides a structure for the professional development of post qualifying thought and practice for its own members. For these members it also seeks to provide guidance and support.

The GCP provides for the wider public (either in the helping professions or those generally interested) a forum for developing awareness and understanding of the human mind and psyche.

GCP Members work in the following areas: Alton, Ashted, Cobham, Dorking, Forest Green, Godalming, Guildford, Haslemere, Leatherhead, London, West Horsley, Woking, Witley



IMAGES BY JANE MCDONALD